

REGULAR REGISTRATION until March 25, 2005

Regular registration through March 25.
Please complete a separate registration form
for each person who is registering and FAX to
802-223-0269 or mail to:

VT Safe Kids / VT Bike/Ped Coalition
PO Box 1234 • Montpelier, VT 05601

- Thurs., Apr. 7, Northfield** 9 am-5 pm
- Sat., Apr. 9, Woodstock** 9 am-5 pm

- I am also interested in BikeSmart.**
(See inside panel.)

Name: _____

Organization: _____

Address: _____

City _____ Zip _____

Email: _____

Day phone: _____

Lunch to be provided; please indicate:
 Omnivore Vegetarian Vegan

What is your level of experience?

- No safety fair experience
- Have helped with safety fairs
- Veteran organizer of safety fairs

What about your level of training?

- No formal training
- Had a course before; this is a brush-up
- League of Am. Bicyclists Instructor
- Other training: _____

Are you a bicyclist? (check all that apply)

- Bike paths only Mountain bike
- Neighborhood streets Rural roads
- Village center City traffic

WORKSHOP TOPICS

Understanding the Child Bicyclist

How Bicycle Crashes Happen

Hands-on Demonstration:
Teaching Bike Safety to Children

Bicycle Ride: Safe Riding Technique and
Hazard Identification

Working Together Locally
for Successful Bike Safety Programs



What to bring to the course:

- A bicycle in good working condition.
- A helmet (required).
- Comfortable clothes. If it rains, we may be in a parking garage or warehouse, which may be cool. Bring both raingear and a sweater.
- Lunch will be provided.



Your registration will be confirmed within a week of receipt. Directions and a participant list to be emailed or mailed by 3/25. We encourage biking or carpooling when possible. **Be sure to plan to bring a bicycle or rent in advance.**



Teaching at a Bicycle Safety Fair

A ONE-DAY WORKSHOP

for

*POLICE OFFICERS,
TEACHERS, SCOUT LEADERS,
REC DEPT STAFF, and
COMMUNITY VOLUNTEERS*

Thursday • April 7, 2005
Northfield, VT

Saturday • April 9, 2005
Woodstock, VT

Vermont SAFE KIDS
in collaboration with

Vermont Bicycle & Pedestrian Coalition

PO BOX 1234
MONTPELIER VT 05601

www.vtbikeped.org



Here's what this workshop will help you to do:

- Learn how to organize a successful Bicycle Safety Fair in your community.
- Be sure you're teaching kids what they need to know to stay safe.
- Understand how kids see traffic and hazards differently than adults do; learn about the types of crashes kids have.
- Create a bicycle safety "course" that teaches kids how to handle real-world situations like intersections.
- Learn about helmet fitting.
- Coordinate with service organizations, police, schools, media, community leaders, and local businesses.
- Take home educational materials, examples, and the Vermont Curriculum for Bicycle Safety Fairs.
- Gain access to the Vermont SAFE KIDS "prop kit" for the equipment you need to put on a bicycle safety fair.



Special Note: If you live locally and have children ages 7-11, please let us know whether your children (and some friends?) could attend with their bicycles for the afternoon **only**. Please contact us at education@vtbikeped.org or 802-225-8904 if this is a possibility. Thanks!



About the trainers

Our instructor trainers are nationally-certified bicycle safety instructors through the League of American Bicyclists, and have been engaged in bicycle safety education for 5 or more years. Each workshop will be taught by two instructors from our team.

Jennie Hubbard teaches safe bicycling and mountain biking through the Norwich Recreation Department and in local schools.

Jim Arnold leads the Middlebury Bike Club in putting on a bicycle safety fair each year, and also teaches in local schools.

Becka Roof is the Executive Director of the VT Bicycle & Pedestrian Coalition and an experienced instructor trainer.



Photo provided by Kiwanis Club of Barre

About the curriculum

The curriculum for Teaching at a Bicycle Safety Fair in Vermont was developed in 2003 by Vermont SAFE KIDS in conjunction with a team of Vermont instructors, police officers, and safety experts based on Dan Burden's "Guide to Bicycle Rodeos." All participants will receive a copy of these materials.

A RELATED PROGRAM

"BikeSmart"

The "Bicycle Safety Fair" workshop advertised in this brochure is *different* than the **BikeSmart** instructor training offered by VT Bike/Ped Coalition. Here's how:

A **Bicycle Safety Fair** is an on-bike practice course; a series of stations to learn/practice different skills.

- Instructors learn how to lay out the course, run each station, and work with other volunteers on this event.
- Safety fairs work best when you have a team of volunteers in your community.

BikeSmart is a 45-60 minute presentation in a classroom setting, mostly in elementary schools, taught by one instructor.

- Instructors learn how to pack 4 essential skills into a fast-moving presentation.
- VTrans pays instructors a \$100 stipend (selected schools only).

Ideally, a BikeSmart presentation could be followed soon after by a safety fair in the same community – so that kids can learn about safe bicycling in two formats. Repetition and reinforcement are good!

Interested in both programs? We encourage you to attend both instructor workshops. There is only a little overlap in the curricula (how kids see traffic & typical crash types). Much content is different.

BikeSmart Instructor Trainings will be held Saturdays: March 26 in Windsor, April 2 in Manchester, April 16 in Newport. Details & registration form on VT Bike/Ped website:

www.vtbikeped.org



Photo provided by Kiwanis Club of Barre

This workshop is FREE, but registration is required and limited to 25 people per site.

No on-site registration or walk-ins accepted.

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March 25, 2005**

Late Registration information:

After 3/25, you can inquire about available space for late registration by contacting us at education@vtbikeped.org or 802-225-8904.

As of 3/22, it appears that we will have addition space in the April 9 class in Woodstock for late registrants.

Funding for this workshop was provided by the VT Agency of Transportation under the federal Transportation Enhancements grant program.